

NOTICE OF MOTION**FREE SCHOOL MEALS**

“Families surviving on small budgets face many and increasing financial pressures, and while expenditure on rent, heating bills and council tax are fixed, the amount spent on food is in the flexible budget category. The high cost of healthy food is a major obstacle for many parents wanting to provide healthy food for their children.

Healthy school meals can play an important role in tackling health and social disadvantages, but uptake in Brighton and Hove is limited. Uptake can be increased by providing the right eating environment: a 'whole school approach' which sees pupils engage with food throughout their school day, being involved with growing and preparing their food, as well as given the time and space to enjoy eating healthy food together calmly as a social activity. But the cost of school meals can also be a barrier to uptake. Even where young people are eligible for Free School Meals, they don't always take this up as there can be a stigma attached to this entitlement.

This council notes that:

- A 3 year experiment by Hull Council which saw free school meals provided to all primary school children led to Heads and teachers reporting that children were 'more relaxed and better behaved', and 30 per cent of parents said they were trying healthier food at home as a result of the trial.
- The Child Poverty Action Group has called for universal free school meals.
- The Government recently announced a two-year pilot programme which will see free school meals given to all pupils aged four to 11 in two areas over two years, to measure the impact of healthy eating on health, behavior and academic results.

This council notes with concern that:

- 13.5 per cent of children in Brighton & Hove are already obese in the year they start school.
- Less than a third of children aged 10 – 15 in the city eat five or more portions of fruit or vegetables a day.
- A third of Brighton & Hove children are obese by year 6.
- Take up of school meals is around 43 per cent in primary schools and around 34 per cent in secondary schools in Brighton & Hove. More than a third of those entitled to them do not take-up free school meals at primary school, and around half of those entitled to them do not take-up free school meals at secondary school.

This council therefore requests that the Chief Executive writes to the Secretary of State requesting:

1. Funding for pilot schemes similar to that in Hull which will provide all young people at both primary and secondary schools with free school meals.
2. In the event of successful trials, the rollout of a nationally-funded free school meal programme for all primary and secondary students across the country.”

Proposed by: Cllr Rachel Fryer

Seconded by: Cllr Paul Steedman